

TYREN BROWN

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theanatomyofimpact.com

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EDUCATION

Master's in Public Health, Expected May 2027

University of Maryland, College Park, MD

GPA (3.6)

Bachelor's in Biology & Neuroscience 2025

Trinity Christian College, Palos Heights, IL

RESEARCH EXPERIENCE

Population Health Student Researcher

Lawndale Christian Health Center

2025-2027

- Co-developing a mixed-methods research project with peers at Lawndale Christian Health Center examining how faith-based, community-centered care influences patient trust, engagement, and health experiences in underserved communities
- Designing qualitative interview protocols and contributing to literature review on social determinants of health, community-based participatory research (CBPR), and the role of faith in healthcare delivery

Student Researcher

University of Maryland

2025-2027

- Investigating the role of somatic wellness practices in improving health outcomes in community-based settings
- Bridging public health frameworks with integrative and osteopathic-informed care models

Community Health Researcher

2025-2027

Sankofa Health and Wellness LLC.

- Designed and developed evidence-based public health resources, including a comprehensive Health Literacy Toolkit and a Somatic Wellness Toolkit, integrating trauma-informed frameworks and culturally responsive strategies to promote community-level healing.
- Applied Community-Based Participatory Research (CBPR) principles to synthesize public health literature on chronic stress and systemic disparities, translating complex health data into actionable wellness interventions tailored for local populations.

Student Researcher

2024-2025

Trinity Christian College, Dr. VanderWoude

- Explored the ethical considerations of Gene Editing and its potential
- Crafted a compelling framework for ethical reflection to appropriately provide discourse for this advancement from a Christian perspective

Research Assistant

Laurel Medical Associates Private Practice, Dr. Daryll Hill MD FACPS

2023-2023

- Investigated the link between social determinants and 5+ chronic diseases prevalent in minority populations.

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- Identified 3 major cultural barriers to care and proposed actionable strategies for narrative-based, patient-centered communication.
- Translated qualitative insights into a research brief

Biology / Chemistry Laboratory Assistant Trinity Christian College

2022-2023

- Learned about different lab procedures, experiments, and the chemicals discarded in upper level science courses
- Managed inventory and prepared workstations to support efficient research projects

PUBLIC HEALTH EXPERIENCES

Health Equity & Programs Associate Sankofa Health and Wellness, Laurel, MD

2025-Present

- Led development of culturally responsive health literacy and somatic wellness toolkits addressing chronic stress and health disparities in underserved communities
- Applied community-based participatory research (CBPR) methods to identify barriers to care and co-develop community-informed wellness interventions
- Facilitated community health programming and discussions integrating trauma-informed care and culturally grounded healing practices
- Translated qualitative data into actionable public health strategies to improve engagement, trust, and access to care

Teaching Assistant, Biostatistics & Epidemiology I Am Abel Foundation

2026-Present

- Collaborated with physician faculty in teaching biostatistics and epidemiology concepts through lectures, discussions, problem-solving, and applied examples.
- Assist students with understanding statistical methods, epidemiologic principles, and interpretation of scientific literature and remaining flexible & available.

Veteran Advocate & Certified Nursing Assistant Synergy HomeCare, Rockville, MD

2026-Present

- Provide in-home support that promotes veterans' dignity, independence, safety, and quality of life while assisting with activities of daily living.
- Advocate for individual needs by recognizing changes in health, functioning, and social circumstances and communicating relevant concerns to support appropriate care coordination.
- Recognizing how living conditions, access to resources, and daily circumstances influence overall well-being.

Lead Acute Care Patient Care Tech (Float Pool) Johns Hopkins Hospital, Bethesda, MD

2024-2026

- Supported patient care across ICU, emergency, and psychiatric units, gaining insight into acute and chronic disease burden
- Observed patterns in health disparities and barriers to care across diverse patient populations
- Collaborated with interdisciplinary teams to support continuity of care and patient-centered outcomes

Public Health Medical Intern Lawndale Christian Health Center, Chicago, IL

2025-2025

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- Supported interdisciplinary care delivery across pediatrics, OB/GYN, family medicine, geriatrics, and substance use services, gaining insight into population health needs across the lifespan
- Co-facilitated health equity workshops addressing social determinants of health and barriers to care in underserved communities
- Analyzed community health challenges through a public health lens, strengthening understanding of healthcare systems, policy, and ethical considerations in care delivery

Surgical Intern

2025-2025

Northwestern Medicine Palos Hospital, IL

- Shadowed in on several Cardiothoracic Surgeries (regular/robot assisted)
- Observed in on each case assessment start-finish as well as the team communication within the OR
- Developed a great sense of anatomical and physiological interlink and application

LockDown Psychiatric-Unit

2023-2025

Charter Senior Living, Bowie, MD

- Delivered culturally responsive care to medically and socially vulnerable populations experiencing behavioral health and cognitive challenges, including schizophrenia, dementia, and Alzheimer's disease
- Contributed to holistic patient support by monitoring health needs, facilitating daily care, and collaborating with healthcare teams to improve quality of life and continuity of care

Pre-Health Club Vice President

2024-2025

Trinity Christian College, Palos Heights, IL

- Organized 7 public health/pre-med workshops, speaker events, and service projects to increase exposure to healthcare careers
- Worked towards a 20% increase in membership each year
- Cultivated awareness around health equity on campus

Freshman Experience Mentor

2024-2025

Trinity Christian College, Palos Heights, IL

- Developed strong communication and leadership skills
- Guided and supported 10 new students
- Fostered an inclusive environment that promotes engagement and collaboration

Resident Assistant

Trinity Christian College, Palos Height, IL

- Collaborated with other team members in project management, meetings, bi-monthly assessment meetings
- Diffused conflict, counseled students and designed events

Teaching Assistant

2023-2023

Trinity Christian College

- Thoroughly graded & solicited constructive feedback to various essays of 30 students
- Hosted discussions to promote better engagement with the text and the overall class outcomes and objectives

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Basketball Camp Director The Skills Society, Waldorf, MD

2021-2022.

- Directed basketball programming focused on athletic development, character building, and leadership.
- Implemented a character-based curriculum emphasizing discipline, teamwork, accountability, and personal growth.
- Facilitated professional development activities that equipped youth with communication, leadership, and career-readiness skills

LEADERSHIP EXPERIENCE AND ACTIVITIES

2026-Present Graduate Liaison, Student National Medical Association

2025-Present Outreach Coordinator, Graduate Student Religious Fellowship, University of Maryland

2023-2025 Vice President, Pre-Health Organization

2021-2025 Spanish Translator/Interpreter, Spanish Engagement, First Baptist Church of Glenarden

2021-2025 Honor's Council, Top-Ranked Students of the Honors program to facilitate programs

2021-2024 Varsity Basketball Team Captain, Trinity Christian College Basketball Team

2022-2023 Varsity Track/Field, 800 Meters and Pole Vault, Trinity Christian College

VOLUNTEER SERVICE TO COMMUNITY

2026

Baptist Health Sciences University College of Osteopathic Medicine Volunteer

MLK Day of Service

- Provided medical volunteer support on a team to ensure public safety and assisting with potential medical needs Represented the Student National Medical Association (SNMA) by supporting the communities health initiatives and honoring Dr.King's legacy through engagement and serving.

2023-2025

Community Outreach Volunteer

Sankofa Health & Wellness

- Support community outreach initiatives by connecting residents with health education, wellness resources, and community-based services while assisting with engagement activities and needs assessments to identify local health priorities and barriers. Contribute to health promotion programming that strengthens community knowledge, self-advocacy, and access to care.

2023

Community Health

Lawndale Christian Health Center Independent Volunteer

- Facilitated mobility and mindfulness activities for older adults to promote wellness, social connection, and quality of life

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2025-Present

Community Health Volunteer, Sankofa Health and Wellness, Marathon for Health Bootcamp

- Tracked and assessed vitals and monitored wellness of members
- Participated in discussions, gave evidence-based feedback and motivational interviewing & fostered a welcoming and growing environment for applicants

2025-Present

Community Member Volunteer, First Baptist Church of Glenarden, Feed The Community

- Packing and delivering cold lunches to community centers and street pickup spots to address spiritual
- Administering to physical and spiritual needs

2025-2025

Community Advocate, University of Illinois Chicago-Young Invincibles Advocacy Group, Governor Pritzker Press-Conference

- Engaged in a gubernatorial press conference with Illinois Governor J.B. Pritzker, collaborating with a student advocacy group to propose policy solutions addressing tuition reduction, student loan repayment programs, and legislative protections for students
- Contributed to policy-focused discussions with state leadership, advocating for equitable higher education access and strengthening skills in public speaking, policy analysis

2025-2025

Community Advocate, Roseland Day, Freedom Defense Center of Roseland, Chicago

- Collaborated with community pillars and politicians to clean up the area and restore the environment
- Engaged in discourse regarding the narrative and history of Roseland

2024-2024

Team Lead, University Serve Day, The Bridge Teen Center, Orland Park, IL

- Coordinated volunteer efforts and delegated tasks to ensure efficient service delivery
- Executed Community Initiatives with cheer

2022-2023

Team Lead, Tornado Recovery Volunteer, Heartland Community Church in Paducah, KY

- Rebuilding and cleaning up small houses
- Collaborated with community volunteers to supply basic needed to affected families

2022-2023

Assistant Director of Residence Life, Largo Landing Assisted Living, Largo, MD

- Supported daily operations by ensuring a safe and supportive environment for residents
- Addressed individual needs, developed leadership skills, and compassionate care

AWARDS AND HONORS

Trinity Christian College

- **Commencement Student Speaker** — 2025
- **Campus Leader Community Engagement Award** — 2025
- **Student Ambassador & Keynote Speaker, 65th Anniversary Gala** — 2024
- **Student Life Service Award** — 2023

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- **Community Advocate Scholarship** — 2021
- **Honors Program Scholarship** — 2021
- **Presidential Scholarship** — 2021
- **Founder's Scholarship** — 2021

Johns Hopkins

- ***Certificate of Recognition for Clinical Excellence*** — May 2026
- ***Certificate of Recognition for Service (patient-centered care & communication) Excellence***
- ***Health Equity and Social Determinants Certificate***— February 2026
- ***Quality Improvement and Safety Certificate***— December 2026

SCHOLARLY POSTER PRESENTATIONS & PROJECTS & DELIVERABLES

Community Wellbeing Survey

Sankofa Community Connections Initiative | Summer 2026

Focus: Community Health Assessment | Survey Design | Health Equity | Data Collection

- Designed a community wellbeing survey to assess health needs, wellness priorities, social connectedness, and barriers to accessing health resources.
- Developed trauma-informed, community-centered survey questions to inform future wellness programming and organizational decision-making.
- Collected data to support evidence-based program planning and community health improvement.

Community Health Needs Assessment & Recommendations Report

Sankofa Community Connections Initiative | Summer 2026

Focus: Data Analysis | Program Evaluation | Community Health Assessment | Strategic Planning

- Analyzed community survey findings to identify priority health concerns, service gaps, and opportunities for expanded programming.
- Synthesized quantitative and qualitative data into actionable recommendations for organizational leadership.
- Presented findings to support strategic planning and community-centered program development.

Community Partner Referral Directory

Sankofa Community Connections Initiative | Summer 2026

Focus: Community Resource Mapping | Care Coordination | Partnership Development | Health Systems Navigation

- Researched and compiled a directory of healthcare providers, community organizations, and social service agencies serving the surrounding community.
- Organized referral pathways to improve access to health, wellness, and supportive services.
- Developed a sustainable resource for staff and community members to facilitate coordinated referrals.

Community Outreach & Partnership Development

Sankofa Community Connections Initiative | Summer 2026

Focus: Community Engagement | Coalition Building | Public Health Outreach | Stakeholder Collaboration

- Conducted outreach to local healthcare organizations and community partners to strengthen collaborative relationships.
- Documented outreach activities, partnership opportunities, and referral processes.
- Contributed to expanding community resource networks supporting holistic health and wellness.

Community Health Program Evaluation

Sankofa Community Connections Initiative | Summer 2026

Focus: Program Evaluation | Quality Improvement | Health Equity | Community-Based Practice

- Evaluated community wellness initiatives using participant feedback and observational field notes.
- Assessed program effectiveness through a public health and health equity lens.
- Recommended improvements to increase accessibility, engagement, and community impact.

Comprehensive Ethnographic & Community Assessment *(In Progress)*

Sankofa Community Connections Initiative | Summer 2026

Focus: Qualitative Research, Behavior Health, Trauma-Informed Care

- **Designed and executed** a comprehensive ethnographic assessment to evaluate healthcare access barriers, cultural beliefs, and social determinants of health within the target community.
- **Conducted participant observations and semi-structured interviews**, logging extensive field notes and utilizing thematic analysis to identify 4–5 macro-themes regarding community health needs.
- **Synthesized qualitative data into a formal Assessment Report**, translating complex narrative findings into actionable, culturally appropriate recommendations for program design and intervention tailoring.

Health Literacy & Patient Self-Advocacy Toolkit *(In Progress)*

Sankofa Community Connections Initiative | Summer 2026

Focus: Health Communication, Intervention Design, & Digital Literacy

- **Spearheaded the development** of an evidence-based Health Literacy and Self-Advocacy Toolkit designed to improve digital health literacy and patient-provider communication.
- **Integrated validated health communication models** (such as the eHealth Literacy Scale/eHEALS frameworks) to ensure materials were linguistically accessible and tailored to low-literacy populations.
- **Created actionable evaluation metrics** to track tool adoption, patient empowerment levels, and the overall efficacy of health education delivery across clinical and community touchpoints.

Organizational Operations & Sustainability Report *(In Progress)*

Sankofa Community Connections Initiative | Summer 2026

Focus: Health Policy, Systems Thinking, & Leadership

- **Analyzed organizational workflows and program structures** to identify operational bottlenecks, resource gaps, and opportunities for capacity building.

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- **Authored a strategic Operations Sustainability Report** detailing evidence-based administrative strategies, quality improvement metrics, and leadership frameworks to ensure long-term program continuity.
- **Mapped organizational milestones** directly to public health foundational competencies, demonstrating rigorous program compliance and alignment with national health education standards.

Brown, T. *Systemic Gaps in Public Health: How Minority Communities Are Left Behind.* OPUS College-Wide Research Symposium (Competitive Poster Presentation), Associated with Laurel Medical Associates, May 2025.

Brown, Tyren. *The Call to Belong: Embracing Community as Both a Gift and Responsibility.* OPUS College-Wide Research Symposium (Competitive Poster Presentation)

Brown, Tyren. *Exploring the Ethics of Gene Editing: A Christian Perspective.* Trinity Christian College, SCI 393 (Distinction-Level Academic Paper), OPUS College-Wide Research Symposium (Competitive Poster Presentation) May 2024

PROFESSIONAL SOCIETY AFFILIATIONS

2026-Present **Mentee**, I Am Abel Foundation
2026-Present **Member**, National Medical Association
2025-Present **Member**, Student National Medical Association
2025-Present **Member**, Black Pre-Med Association of University of Maryland
2024-Present **Outreach Coordinator**, Intervarsity Graduate Christian Fellowship
2022-2025 **General Member**, Black Student Union

PERSONAL

I am a Public health graduate student with experience in community-based participatory research (CBPR), health equity programming, and qualitative data analysis. Skilled in translating social determinants of health into culturally responsive interventions and health literacy tools. Passionate about reducing chronic disease disparities in underserved communities through research, program development, and community-centered care.

PUBLIC HEALTH SKILLS

- Qualitative Research & Ethnographic Methods (NVivo, thematic coding, reflexive memoing, audit trails)
- Community-Based Participatory Research
- Health Systems Analysis
- R/Rstudio for Data Management, Statistical Analysis, and Data Visualization

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- Program Development Implementation and Evaluation (RE-AIM, Logic Models, Kirkpatrick Model)
- Community Needs Assessment & Stakeholder Engagement
- Implementation Science
- Epidemiologic Methods & Data Interpretation
- Literature and Evidence Synthesis

CERTIFICATIONS

Human Subjects Research (HSR)

CITI Program

Issued February 2026 · Expires February 2029 · Credential ID: 74284262

Biomedical Responsible Conduct of Research (RCR)

CITI Program

Issued February 2026 · Credential ID: 74284259

Biomedical Research – Basic Refresher

CITI Program

Issued February 2026 · Expires February 2029 · Credential ID: 74284257

Stop the Bleed Course

American College of Surgeons

Issued February 2026 · Expires February 2029

Heartsaver First Aid CPR & AED

American Heart Association

Issued June 2023 · Expires June 2027 · Credential ID: 236017353227

Basic Life Support (BLS)

American Heart Association

Issued June 2025 · Expires June 2027 · Credential ID: 265412529444

Certified Nursing Assistant (CNA)

Maryland Board of Nursing

Issued June 2023 · Expires March 2027 · Credential ID: A00220198